

Be A Great Single Parent

by HAYMAN, SUZIE

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In *Be A Great Single Parent*, leading counsellor Suzie Hayman uses her years of experience to reassure and support you if you are facing life as a one parent family. Her advice will help you to overcome your fears and tackle your worries, with plenty of tips on everything from socializing to managing finances, making you a calm and confident parent with happy settled children. Also available in the Teach Yourself series: *Be Your Best At Triathlon*, *Get Talking Mandarin Chinese*.

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