

## **Rituals For Self-care**

by

Rituals For Self-care

Live with intention, purpose and clarity - and harness the power

of ritual to help you get there.

Here are 50 rituals designed for everyday life. Inspired by ancient traditions, chosen and followed by you. Where you place your attention matters. Choose mindfully and you will manifest the life you want.

Price:	\$14.99
Stock:	Plenty Of Stock
Item Code:	RITUALM
ISBN:	9781922432506
Book Format:	Hardcover
Pages:	144
Dimensions:	H 205mm x W 165mm x D 15mm

424g

Weight:

## Rituals for self-care

