

The Ultimate Guide To Crystals

by Hancock, Rachel

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Crystal curious? Start your crystal healing journey with this comprehensive, highly accessible, and stunningly illustrated guide. Including photo-illustrated profiles for 100 stones every crystal practitioner should know and work with, The Ultimate Guide to Crystals is your go-to source on both the science and art of crystals. Learn about crystal lattice systems, the Mohs Hardness Scale, high- and low-vibration crystals, and energetic concepts such as entrainment and how to use intention to work and manifest with your crystals.

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